

The Arc of South Norfolk

Contact us

For additional information, directions to our offices or to make a referral, please contact the Adult Family Care program:

Telephone: 781-762-4001

Fax: 781-461-5950

Email: info@arcsouthnorfolk.org

Mail: The Arc of South Norfolk
Adult Family Care
789 Clapboardtree Street
Westwood, MA 02090

Or visit our website
www.arcsouthnorfolk.org

Office Hours

Office hours are Monday through Friday, 9:00 AM to 5:00 PM. Adult Family Care staff will come to your home or meet with you at our offices.

Adult Family Care

Serving Eastern Massachusetts including the Boston Metro Area. Our offices are fully accessible. The Arc of South Norfolk is proudly affiliated with Lifeworks, Inc.



Mission Statement

Committed to providing exceptional supports to people with developmental disabilities, including autism, through collaboration, advocacy and empowerment.

"The Arc of South Norfolk's AFC program has enhanced and enriched the life of my son, as well as myself as the primary caregiver, here in his home. The program is centered on the individuals and their continued physical and emotional development. Since we enrolled in the program I have learned to be a stronger, more confident caregiver, which has added to the potential that my son strives to achieve everyday. Thank you to all of the professional individuals who are now part of our caring, nurturing family. We can't say enough good things about this program."

Parent, Westwood, MA

"Thanks to The Arc of South Norfolk's AFC program, our daughter has been able to remain in our home, receiving love, support and care from those that know her best. The responsibilities of daily life are too much for her to handle on her own, and she requires a helping hand in order to successfully meet life's challenges. The AFC program enables us to remain by her side, tackling obstacles and achieving results together. The nursing and case management support is the absolute best: a group of competent, committed and compassionate professionals that are there for us every step of the way."

Parent, Wrentham, MA

"I cannot express enough how grateful our family is to have had the Arc of South Norfolk and the AFC team with us on our journey as our child with special needs has gone through many transitions. Throughout life's ups and downs, frustrations and joyful times, the AFC team has been right there with us. They always greet us with a smile, reassure us with the right words at the right time, and encourage us to move forward in a positive way. Love them all!"

Parent, Norwood, MA



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ADULT FAMILY CARE

Specialized
In-Home Services

For Adults with Disabilities



A Program of The Arc of South Norfolk

Adult Family Care

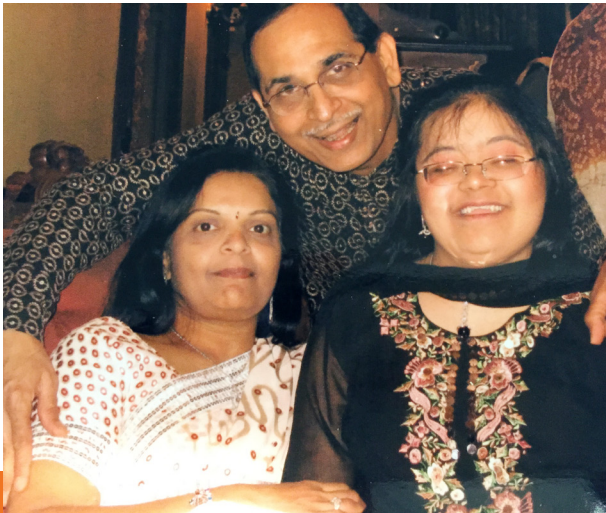
Adult Family Care (AFC), also called Adult Foster Care, is a program for adults with disabilities who cannot live alone safely. Individuals receiving AFC live with trained, paid caregivers who provide daily care. The program serves adults who need daily help with personal care but want to live in a family setting. The caregiver provides meals, transportation, companionship, personal care assistance and 24-hour supervision.

Caregivers receive a daily stipend from MassHealth to provide care to members who otherwise would need institutional care such as a nursing home. Service providers, including a case manager and registered nurse, train the caregiver and provide ongoing support.

Who Can Be a Caregiver?

Caregivers can be family members or non-family members. However, caregivers cannot be spouses, parents of minor children or legal guardians.

Caregivers must be pre-approved (interview, references, CORI check) and provide 24-hour supervision.



Who is Eligible?

To be eligible for Adult Family Care:

- You must be 16 years of age or older
- You must be unable to live alone because of a medical, physical, cognitive or mental condition
- You must need daily assistance with one or more activities of daily living (ADLs)
- You cannot require full-time skilled nursing care
- You must be willing to live with your caregiver
- You must be eligible for Masshealth coverage
- Your caregiver cannot be your spouse or legal guardian
- You must be approved for AFC by a physician and an aging service access point (ASAP)

Adult Family Care Offers Two Levels Of Care

Level I and Level II. The level of care is determined by ongoing assessment administered by AFC staff.

What Are The Benefits To Me?

You can live in your caregiver's home or your caregiver can move into your home. You and your caregiver will receive support from a registered nurse and a case manager on a regular basis. Your caregiver will prepare meals and snacks, coordinate your medical appointments, assist you with daily activities, maintain a clean safe living space and treat you like a member of the family.

Guiding Principles

- Encourage people with developmental disabilities, including autism, to lead dynamic, self-directed lives.
- Protect and promote the rights and dignity of people with developmental disabilities, including autism.
- Provide a continuum of person-centered services.
- Foster an organizational culture to promote our Mission by recruiting, developing, and retaining exceptional staff and leadership.
- Partner with families and the community to celebrate achievements by people with developmental disabilities, including autism.
- Provide visionary leadership actively engaged in defining and shaping current and future industry standards and trends.
- Promote sound stewardship to ensure and protect financial and organizational integrity.



Achieve with us.