Achieve with us.

Annual Report Fiscal Year 2018
Committed to providing exceptional supports to people with developmental disabilities, including autism, through collaboration, advocacy and empowerment.
President’s Message

In 2019, the mission, programs and purpose of The Arc of South Norfolk has never been more important. Our organization has been a driving force for people with intellectual and developmental disabilities for the past 65 years. We work together with our members, families and persons served to create change, engage our community and work to promote inclusion in the lives of those we support each and every day.

On a local, state and federal level, it takes advocacy and outreach to ensure that the needs and challenges of people with disabilities remains an important priority. The role of The Arc is to ensure that decisions on Capitol Hill and Beacon Hill are made with the services and the rights of those we serve a leading consideration in their decisions, and not a consequence of those decisions.

What is unique about The Arc of South Norfolk is that in supporting and participating in our local chapter, you are supporting not only the services and needs for people with disabilities in your local town but also on a state and national level. We are an active member of The Arc Massachusetts and The Arc of the United States. The Arc is the largest organization supporting the civil and human rights of people with disabilities and we are proud to be an active leader in this movement.

The Arc of South Norfolk continues to provide a high quality of services through all of our programs including the Abel Therapeutic Center, Family Support Center, Family Autism Center, Harbor Counseling Center, Social/Recreational programs and our nationally recognized ALEC (Autism Law Enforcement Education Coalition) program.

Through the dedication, caring and commitment of over 150 full and part-time incredible employees, we are able to be a tremendous resource for the persons we support and their families. These services are further enhanced by hundreds of volunteers at all levels to ensure that the programs take place each and every day.

As you review this annual report, we want to thank the generous donors who are such an important part of our agency. Our donors and supporters help us to ensure the services that people need, can be provided by our agency. On behalf of the more than 2,200 people we support, we thank you for your support of our agency. Your generosity helps us to build a strong foundation for the people we represent. We pledge our commitment to you, and the core values that promote and protect those we serve.

With Gratitude and Appreciation,

Daniel Burke
President & Chief Executive Officer
Board of Directors & Management Team

Dennis Carroll, Chairperson  
Norwood, MA
Karen Durham, Vice Chair  
Dedham, MA
Ira Biggar, Treasurer  
Wrentham, MA
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Walpole, MA
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Lisa Knox, Director, The William F. Abel Therapeutic Center
Brian Clark, Director, Family Autism Center
Susan Kagan, Director, Development
Elizabeth Parker, Director, Human Resources
Roger Parks, Director, Adult Family Care
Our Social & Recreation Program offers a variety of adult activities, with a focus on self-advocacy and community integration. We strive to provide meaningful social opportunities that promote an active lifestyle to our 400+ individual(s), ages 22 and over.
Our William F. Abel Therapeutic Day Habilitation Program supports adults age 22 and over focusing on health and well being at our Westwood and West Roxbury locations. A highly qualified, compassionate staff works with 156 participants who receive a wide array of services. Individual talents and abilities are encouraged through social and therapeutic activities.
Our Family Support Program provides guidance and care to the entire family through education, respite, programming, support groups as well as access to private and public services. With our whole-family approach, 445 families have received support and utilized our services in FY 2018.
In collaboration with MassHealth, our Adult Family Care Program enables individuals with specialized care needs to remain at home with their families and actively engage their communities. We continue to grow, currently serving 30 families!
Founded in 1996, FAC is one of seven autism support centers contracted by DDS, currently serving 917 children & adults. We provide a variety of services and programs to meet their individual needs, as well as ensuring our supports extend to the participant’s entire families. Our Center strives to establish community partnerships and collaborations that benefit everyone.
Through the Autism Law Enforcement Education Coalition Program we are fortunate to have been given the opportunity to train over 43,500 First Responders on Autism Spectrum Disorders throughout the US. Professionals in the field of First Response who have a loved one diagnosed with Autism present to their peers about “best practices” during a crisis involving a loved one with ASD. The program is currently delivering the training in five states. Autism Law Enforcement Education Coalition will expand further as it continues to receive national recognition.
Individuals diagnosed with developmental disabilities receive behavioral and psychological counseling as well as psychiatric support through our Harbor Counseling Center at a location convenient for them. The Harbor Counseling Center employs 30 clinicians that specialize in Cognitive Behavior Therapy and Expressive Art Therapy. Our community based model serves over 483 adults throughout eastern Massachusetts.

Building Management

Providing Property Management Services in conjunction with Lifeworks, Inc. for office space and two HUD funded residences within the community.
THANK YOU to our generous donors who contributed $100 or more to The Arc of South Norfolk! Your gifts help make a difference!

This list represents gifts received in Fiscal Year 2018, July 1, 2017- June 30, 2018.

Bayard and Julie Henry
The Foundation of Exceptional Children of Suffield
Dale N. and Robyn M. Garth
Give with Liberty Employee Donations
GlobalGiving Foundation, Inc.
Carolyn Gombosi
Paula Goodwin
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Claire Henderson
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Town of Dedham
Town of Foxborough
Town of Medfield
Town of Millis
Town of Norfolk
Town of Norwood
Town of Plainville
Town of Sharon
Town of Walpole
Town of Westwood
Diethard and Meta Unterweger
Wampanoag Road Runners

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Bruce A. Bauman and Denise D. Selden
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The Doug Flutie Jr. Foundation, Inc.
Evan Henry Foundation for Autism
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John and Nancy P. Ferris
Fidelity Charitable Gift Fund
First Parish of Westwood

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Town of Plainville
Town of Sharon
Town of Walpole
Town of Westwood
Diethard and Meta Unterweger
Wampanoag Road Runners
THANK YOU to our generous donors who contributed $100 or more to The Arc of South Norfolk! Your gifts help make a difference!

William F. Abel
Bruce and Mary Jane Alexander
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Angelo G. and Florence Amara
AMICA Companies Foundation
William W. Anderson
Anonymous
Jonathan and Donna Arata
Arbit Chiropractic
The Arc of the United States
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Tracy Atkinson
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Robert and Elizabeth H. Aucoin, Jr.
Bailey’s Team for Autism
Karen Elizabeth Baker
Emilio Baldassari
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George Bell
The Benevity Community Impact Fund
Mark and Deborah Bernabei
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Wendy Cabot
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Robert J. and Catherine M. Callaghan

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Herbert Eskot and Carol Saffran
Evan Henry Fdn. for Autism
Joseph and Constance Farren
Kenneth P. and Christina M. Feeney
Edmund J. Ferrara
John and Nancy P. Ferris
Robert and Joan Ferris
Donors in Fiscal Year 2018 (cont.)

Fidelity Charitable Gift Fund
First Parish of Westwood
Robert A. and Jeanne Flaherty
Fleming Brothers, Inc.
Isabelle Florek
Camden Formby-Lavertu
The Foundation of Exceptional Children of Suffield
Christine Francis
Fraternal Order of Eagles
Francis and Pamela Fruci
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The Irish Hour, Inc.
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Drew and Liz Logie
Susan Lubitz
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Mark and Christa Marot
John J. McClellan
Michael and Nancy McDermott
James M. McDonough
Margaret McDonough
Veronica McDonough
Neil McKittrick and Karen Hoffman
Patricia A. McMahon
Donors in Fiscal Year 2018 (cont.)

Dwight and Jette Meglan
Mercer Employees, Community Cares
Herbert and Susan Miller
Tucker Miller
Miscellaneous Sales
James A. and Diane Monahan
Roger and Veronica Moore
James and Bridget Morris
Robert and Angela A. Mouradian
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National Grid Employee Payroll Deduction
Network for Good
Norman C. and Eleanor B. Nicholson, Jr.
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Town of Millis
Town of Norfolk
Town of Norwood
Town of Plainville
Town of Sharon
Town of Walpole
Town of Westwood
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Diethard and Meta Unterweger
Ralph R. and Susan E. Valente
Larry Van Leer
John N. and Jaynellen Walsh
Michael C. and Mary Walsh
Wampanoag Road Runners
Westwood Police Relief Assoc.
Erin A. Williams
Mathew and Sui Wong
Ronald and Marie Zullo
Revenues

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
<th>Percentage</th>
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</thead>
<tbody>
<tr>
<td>Medicaid/Medicare</td>
<td>$4,948,338</td>
<td>63.96%</td>
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<tr>
<td>Dept. Developmental Services</td>
<td>$1,808,427</td>
<td>23.37%</td>
</tr>
<tr>
<td>Town Funding</td>
<td>$100,116</td>
<td>1.29%</td>
</tr>
<tr>
<td>Gifts &amp; Events</td>
<td>$284,134</td>
<td>3.67%</td>
</tr>
<tr>
<td>Investment*</td>
<td>$329,317</td>
<td>4.26%</td>
</tr>
<tr>
<td>Other</td>
<td>$266,861</td>
<td>3.45%</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>$7,737,193</strong></td>
<td><strong>100.00%</strong></td>
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* excludes unrealized gains/losses

Expenses

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day Habilitation</td>
<td>$3,395,149</td>
<td>44.19%</td>
</tr>
<tr>
<td>Harbor Counseling</td>
<td>$960,352</td>
<td>12.50%</td>
</tr>
<tr>
<td>Family Support</td>
<td>$1,960,022</td>
<td>25.51%</td>
</tr>
<tr>
<td>Administration</td>
<td>$861,311</td>
<td>11.21%</td>
</tr>
<tr>
<td>Property Management</td>
<td>$156,163</td>
<td>2.03%</td>
</tr>
<tr>
<td>Fundraising/Events</td>
<td>$170,951</td>
<td>2.23%</td>
</tr>
<tr>
<td>Social/Recreation</td>
<td>$102,903</td>
<td>1.34%</td>
</tr>
<tr>
<td>Individual Advocacy/Support</td>
<td>$75,883</td>
<td>0.99%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>$7,682,734</strong></td>
<td><strong>100.00%</strong></td>
</tr>
</tbody>
</table>
Office Hours
Office Hours are Monday through Friday 9:00 a.m. to 5:00 p.m.

Contact Us
For additional information please contact:

Ph: 781-762-4001
Fax: 781-461-5950
info@arcsouthnorfolk.org

The Arc of South Norfolk
789 Clapboardtree Street
Westwood, MA 02090

Visit Our Website
www.arcsouthnorfolk.org