

# The Arc of South Norfolk

July 2020-August 2020

## Play Safe Policies

It is **mandatory** all clients follow the Play Safe Policies. **Policies will be discussed in depth during registration.**

- Symptom checklist
- Temperature check
- Masks worn at all times
- Regular sanitation
- Maintain 6 feet apart
- No sharing food or drink
- Limited number of athletes; rotation of small groups

## Hip Hop BBQ

Save the Date  
07/17

For a **possible** Hip Hop BBQ!

**Time:** 7:00PM-9:00PM

**Location:** The Arc

**Admission:** \$6.00 per person

This event is **pending** and will officially be announced after further guidance from health officials.

**Not a drop off event.**

## Weather Cancellations

### Weather Cancellations

For cancellations and program updates  
781-762-4001 ext. 443

### Arc Closures

07/03

## Announcements

**Bocce Ball-** Low impact with a focus on skill and strategy.

**Coach:** Paul Cummings

**Date/Time:** 07/12/20-08/30/20; 3:30PM-5:00PM

**Location:** Walpole Italian American Club

**Cost:** \$15.00

**Registration:** Registration & payment due by 06/26/20.

**Softball-** High impact with a focus on skills and field strategy.

**Coach:** Lisa Donovan & Brian Clark

**Date/Time:** 07/15/20-09/23/20; 5:00PM-7:15PM

**Location:** Father McAleer Field

**Cost:** \$15.00

**Registration:** Registration & payment due by 06/26/20.

**Zoom Name That Tune-** Test your knowledge of songs from a variety of genres and time periods!

**Instructor-** Courtney Maynard

**Date/Time:** 07/07/20-07/28/20, 4:00PM-4:30PM

**Location:** Zoom

**Registration-** Registration due by 06/29/20.

**Sport Discussion Group-** Discuss the future of sports and reminisce on your favorite past sporting events.

**Facilitator:** Brian Clark with Guest Speakers

**Date/Time:** 07/13/20-08/03/20; 10:00AM-10:30AM

**Location:** Zoom

**Registration:** Registration due by 06/29/20

**Employment Discussion Group-** Discuss the steps to becoming employed and maintaining a successful career.

**Facilitator:** Michelle Arundale

**Date/Time:** 08/03/20-08/31/20; 5:00PM-5:30PM

**Location:** Zoom

**Registration:** Registration due 07/27/20.

# The Arc of South Norfolk

July 2020 Social and Recreation • Courtney Maynard • 781-762-4001ext.308 • cmaynard@arcsouthnorfolk.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	<b>Name That Tune</b> 4:00PM-4:30PM	8	<b>Zoom Chats</b> 4:00PM-4:30PM	10	11
12	13	<b>Name That Tune</b> 4:00PM-4:30PM	15	16	17	18
<b>Bocce Ball</b> 3:30PM-5:00PM	<b>Sports Discussion</b> 10:00AM-10:30AM	<b>Name That Tune</b> 4:00PM-4:30PM	<b>Softball</b> 5:00PM-7:15PM		<b>Hip Hop BBQ</b> 7:00PM-9:00PM	
19	20	21	22	23	24	25
<b>Bocce Ball</b> 3:30PM-5:00PM	<b>Sports Discussion</b> 10:00AM-10:30AM	<b>Name That Tune</b> 4:00PM-4:30PM	<b>Softball</b> 5:00PM-7:15PM	<b>Zoom Chats</b> 4:00PM-4:30PM		
26	27	28	29	30	31	
<b>Bocce Ball</b> 3:30PM-5:00PM	<b>Sports Discussion</b> 10:00AM-10:30AM	<b>Name That Tune</b> 4:00PM-4:30PM	<b>Softball</b> 5:00PM-7:15PM			

# The Arc of South Norfolk

August 2020 Social and Recreation • Courtney Maynard • 781-762-4001 ext.308 • cmaynard@arcsouthnorfolk.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 <b>Bocce Ball</b> 3:30PM-5:00PM	3 <b>Sports Discussion</b> 10:00AM-10:30AM <b>Employment Discussion</b> 5:00PM-5:30PM	4	5 <b>Softball</b> 5:00PM-7:15PM	6	7	8
9 <b>Bocce Ball</b> 3:30PM-5:00PM	10 <b>Employment Discussion</b> 5:00PM-5:30PM	11	12 <b>Softball</b> 5:00PM-7:15PM	13 <b>Zoom Chats</b> 4:00PM-4:30PM	14	15
16 <b>Bocce Ball</b> 3:30PM-5:00PM	17	18	19 <b>Softball</b> 5:00PM-7:15PM	20	21	22
23	24 <b>Employment Discussion</b> 5:00PM-5:30PM	25	26 <b>Softball</b> 5:00PM-7:15PM	27 <b>Zoom Chats</b> 4:00PM-4:30PM	28	29
30	31 <b>Employment Discussion</b> 5:00PM-5:30PM					